



The Parenting Center

At Children's Advocacy Center of Smith County

2018 SPRING PARENTING CLASSES



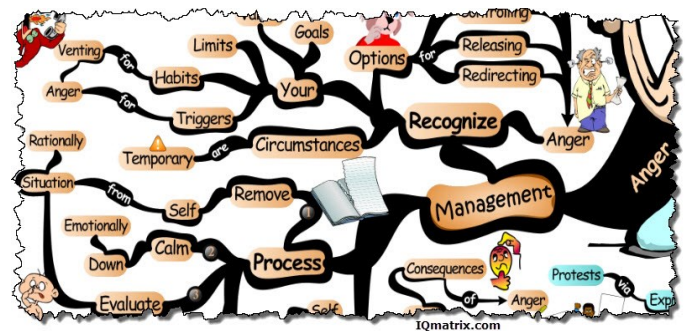
Middle Way & Circle of Security (COS) English

An 10-week course combining COS and Middle Way Parenting. COS is designed to help parents reflect on their past and present, and make small changes resulting in a stronger parent/child bond. Middle Way is a course designed to help parents discover and notice “extremes” in parenting. Encouraging a balanced, “Middle Way” approach to parenting.

Both courses are facilitated by a Registered COS-P Facilitator.

DATE: January 23—March 27, 2018

TIME: 6—7:30 pm



ANGER MANAGEMENT

An 8– week Session Course designed to help parents reflect & process their emotions to be more present for their children and in their relationships. This class is facilitated by a Certified Anger Management Specialist—

DATE: February 13—March 27, 2018

TIME: 6—7:30 pm

Snacks and childcare* is provided

**Location: Westwood Baptist Church
820 N NW Loop 323, Tyler, TX 75702**

SPACE IS LIMITED — CALL (903) 533-1880 TO REGISTER

*Childcare for children and teens. Groups for children & teens will be facilitated in a separate room during parenting classes and activities are provided. Parents **MUST** register children & teens ahead of time.